

Contents

1. Sources of Food.....	1
2. Components of Food.....	14
3. Separation of Substances—Cleaning of Food	31
4. Materials of Daily Use: Clothes.....	43
Practice Paper (Based on Chapters 1 to 4).....	56
5. Grouping Materials of Different Kinds	57
6. How Things Change	73
7. Things around Us.....	87
8. The Habitat of the Living	95
9. Plants—Form and Function	107
Practice Paper (Based on Chapters 5 to 9).....	125
Test Yourself (Based on Chapters 1 to 9).....	126
10. Animals—Form and Function.....	128
11. Motion and Measurement of Distances.....	145
12. Electric Current and Circuits.....	161
13. Magnets.....	175
Practice Paper (Based on Chapters 10 to 13).....	189
14. Rain, Thunder and Lightning	190
15. Light.....	199
16. Importance of Water.....	215
17. Importance of Air	228
18. Waste.....	239
Practice Paper (Based on Chapters 14 to 18).....	250
Test Yourself (Based on Chapters 10 to 18).....	251
Practice Questions for Science Olympiad	253
Glossary.....	257

