Detailed Contents

Each chapter contains lab activities and exercises for assessment which include the following:

- Answer orally
- Very short answer questions (fill in the blanks, true or false, match the columns, find the odd one, multiple choice questions)
- Long answer questions
- Short answer questions

Chapter	Contents	Do and Learn Tasks
1. Nutrition in Plants	Nutrition Modes of nutrition Nutrition in plants—photosynthesis Heterotrophic nutrition in plants	 Web chart Field trip (Life Skill) Seminar (Life Skill) Crossword puzzle
2. Nutrition in Animals	Steps in animal nutrition Nutrition in <i>Amoeba</i> Nutrition in humans Nutrition in grass-eating animals	 Class presentations Field trip (Life Skill) Crossword puzzle
3. Materials of Daily Use	Wool Silk	 Complete the matrix Research and projects Group activity Pair work Discussion (Value) Crossword puzzle
4. Heat	Heat: A form of energy Measurement of temperature Thermometer—measuring temperature Clinical thermometer Laboratory thermometer Transfer of heat Modes of transfer of heat Thermos flask	 Laboratory experiment Research and project Group discussion (Life Skill) Crossword puzzle
5. Different Kinds of Materials	Acidic substances or acids Basic substances or bases Indicators Neutralization reaction Uses of neutralization reaction in everyday life	 Laboratory projects Library research and project Group Discussion (Life Skill) Crossword puzzle
6. How Things React with One Another	Physical change Chemical change Rusting of iron Crystallization	 Web chart Laboratory experiments Pair work Group Discussion (Value)
7. Weather, Climate and Adaptations of Animals	Weather Weather conditions Climate Adaptations of animals to climate	 Project work Class presentation (Life Skill) Group Discussion (Value) Web chart Crossword puzzle
8. Soil	Soil and its importance Formation of soil Soil profile Composition of soil Properties of soil Soil and crops Soil erosion	 Web chart Group discussion and project (Life Skill) Field trip and interview (Life Skill) Crossword puzzle

9.	Respiration in Organisms	Why do living organisms respire? Types of respiration Process of respiration Breathing Human respiratory system Mechanism of breathing in humans Breathing in other animals Respiration in plants	 Research and presentation Group activity (Value) Crossword puzzle
10.	Transportation of Materials	Circulatory system Excretion Transport of substances in plants	 Crossword puzzle Web chart Activity Conduct a survey (Life Skill) Organize a campaign (Value)
11.	Reproduction in Plants	Modes of reproduction Asexual reproduction Sexual reproduction Sexual reproduction in plants Dispersal of fruit and seeds	 Field trip (Life Skill) Web chart Laboratory experiment Research and project
12.	Motion and Time	Slow and fast motion Measurement of time Units of time Speed Measurement of speed	 Group activity (Life Skill) Pair activity (Life Skill) Debate (Value) Crossword puzzle
13.	Electric Current and Its Effects	Electric circuit Electrical components and their symbols Resistance, conductors and insulators Heating effect of electric current Magnetic effects of electric current	 Field trip (Life Skill) Seminar (Life Skill) Crossword puzzle
14.	Light	Light travels in a straight line Reflection of light Formation of images in spherical mirrors Formation of images in lenses White light consists of seven colours	 Crossword puzzle Paragraph writing (Life Skill) Making a model
15.	Winds, Storms and Cyclones	Air exerts pressure Air pressure reduces when wind speed increases Air expands on heating Generation of wind Types of storms Destruction caused by cyclones Safety measures Weather instruments	 Making a model (Life Skill) Crossword puzzle
16.	Scarcity of Water	States of water Availability of water Scarcity of water Effect of water scarcity on plants Depletion of water table Water management	 Research and project Group activity (Life Skill) Poster competition (Life Skill) Organize a campaign (Value)
17.	Forests	Description of a forest Uses of forests Interdependence of plants and animals Destruction of forests Conservation of forests	 Group activities Seminar (Value) Crossword puzzle
18.	Waste Management	Sewage Wastewater treatment Wastewater treatment plant (WWTP) Better housekeeping practices Sanitation and sewage disposal	 Project activity Organize a campaign (Value)